Career-Life Connections 12: Capstone

Name: _____

Semester 2:
- ❏ Capstone Check-In Meeting
- ❏ Schedule Presentation (starting in March)
- ❏ Ensure 30 hours of work/volunteering have been completed

Capstone Project:
- ❏ Project and Mentor Selection
- ❏ Mentor Permission Form
- ❏ Journal: Prompts and sample included in this booklet
- ❏ Project: Expect to spend approx. 30 hours working on your Capstone
- ❏ Presentation: Rubric attached

Capstone Styles: What Can My Capstone Look Like?

Your Capstone Project can be presented in many different ways or styles. What form is yours going to take? What will your final project look like? This will depend on what you decide to do, and is your chance to be creative!!

These styles are suggestions, and once you have chosen a project you will receive more details on the steps you should follow to support your success. If your idea doesn't seem to fit with one of these styles, just ask and we can figure it out!

Research Capstone:
Write an academic research paper in a subject area you are interested in. Do you love reading and writing? This style is ideal for students who are curious about a specific area of study and would like to have the opportunity to further explore, research, and gain knowledge. A research paper is NOT a report.

Examples
- Develop an inquiry question that you can test, then run an experiment and present the findings!
- Develop a point of view on an academic topic and collect 'evidence' to support your argument. Don't forget, this style of writing is most effective when you consider and refute the 'other' side.

Event Capstone:
Research, create and host your own event. Planned events should connect with your topic of interest and should provide opportunity for other students, teachers, parents, and community members to participate. This is an ideal style for students who are interested in event planning, management, networking, raising awareness, and social activism.

Examples
- Special awareness day
- Fundraiser
- Sporting event

Entrepreneurial Capstone
Start a new business initiative - build and execute an idea from the ground up. Your approach to this style can be cross-curricular, experiential, and community-based.

Examples
- Tutoring or babysitting service
- Spring Break camp for kids
- A product that people can use

Project Capstone:
Create a tangible object. A Project Capstone can relate to a possible career choice, it can be an extension of prior knowledge, an opportunity to attempt new learning, or a way to help construct something that you feel will benefit your community. Students that choose this Capstone should expect to complete a minimum of 25 hours working to develop, design, and create/build the physical product.

Examples
- Build/rebuild/refurbish something: Car engine, greenhouse, beehive…
- Create something: Regalia for First Nations grad, a play, a choreographed performance, a piece of art…

Service Capstone:
Research an issue of interest that is affecting the community and develop and implement a solution. Students will devote a minimum of 25 hours outside of school to a community or service project. This time is separate from your 30 hours of Work/Volunteer Experience required for graduation. Community service is work done by a person or group of people that benefits others. It is often done near the area where you live, so your local community can benefit from your service.

Examples
- Community clean-up effort
- Reading buddy program at an elementary school
- Breakfast program, homework club, etc. at our school

Capstone Mentor

What is a Mentor?
A mentor is an adult that you trust, a person that can provide support and guidance as you are going through the process of completing your Capstone Project. It is preferable that your mentor has knowledge in your area of interest.

Your Capstone Journal

Once you decide what format, or style, your Capstone will have, it will be time to get started! You will need to keep a record of your ideas/progress/experiences from start to finish. How will you track this? It could be a sketchbook, a diary, a digital journal, blog, or a combination.

You must include written or audio/visual reflections along the way. Here are some prompts for you to include:
- What questions do you have?
- What discoveries are you making?
- What difficulties are you having?
- What is your next step?

Capstone Journal - Progress Log Template

__You can use this format or record your journal in another way, but make sure you are tracking your progress, challenges, and next steps.__

Description of progress/recent activities:

Current challenges:

Questions and who could you ask for help?:

Next steps:

Capstone Project Presentation Rubric = _____ / 40 Marks

	Extends Expectations (5)	*Fully Meets Expectations (4)*	*Meets Expectations (3)*	*Does Not Meet Expectations (1-2)*
Summary of Inquiry Exploration	Presentation provides excellent, specific, defined, carefully chosen details that fully explain creative exploration.	Presentation provides good details that explain the creative exploration but it is clear that more exploration was possible.	Presentation provides some details that help explain the creative exploration but it is clear that the exploration was only on a basic level.	Presentation does not provide adequate details. It is clear that the exploration was only at the most basic of levels.
Arrangement of Content Information	Presentation is thorough and arranged logically to add interest and clarity. Project purpose is fully understood.	Presentation is generally thorough and arranged in a logical sequence. Project purpose is fully understood.	Presentation of information is somewhat organized, and overall project purpose is fairly clear.	Presentation of information is unclear and it is hard to understand purpose of project.
How will you contribute to making the world a better place, through one of your specific passions or areas of interest?	Project clearly and insightfully shows a detailed and effective contribution to society through full immersion of student passion.	Project clearly shows contribution to society through a good immersion of student passion but may lack insightfulness or specific details.	Project shows some contribution to society through some immersion of student passion.	Project shows little to no contribution to society. Project details little to no concept of student passions.
Visual Aids & Media (Slideshow, Pictures, Video, Examples, etc.)	Creative use of Visual Aids thoughtfully chosen to enhance communication and understanding.	Visual Aids are appropriate for intended meaning and help understanding.	Visual Aids meet basic expectations but do not really help with understanding.	Visual Aids are lacking, missing, or even occasionally interfere with communication.

Oral Language Skills	Individual speaks clearly, loudly, purposefully, persuasively, and make excellent eye contact.	Individual generally speaks clearly, loudly, and with some eye contact, albeit with perhaps some minor hesitations or issues.	Individual meets most of the basic Oral Language requirements.	Individual does not meet the basic Oral Language requirements and makes basically zero eye contact with audience.
Overall Preparation of Presentation	Fully prepared presentation with clear excellent effort. Looks as if it has been thoroughly practiced.	Prepared presentation with a good obvious effort. Looks as if it has been practiced at least a few times.	Averagely prepared presentation. It is clear that it has only been minimally practiced, if at all.	Poorly prepared presentation where it is clear that little real effort or practice has been put in.
Journal as a Planning Tool	Journal includes detailed entries from each step of the process and shows significant evidence of planning for the next and future steps.	Journal includes entries from each step of the process and shows evidence of planning for the next and future steps.	Journal includes entries from some steps of the process and shows some evidence of planning for future steps.	Journal includes entries from just a few steps and shows little to no planning for future steps.
Journal as a Reflection Tool	Journal includes detailed anecdotes/ examples of learning experiences, including successes, failures, and evidence of growth.	Journal includes examples of learning experiences, including successes, failures and some evidence of growth.	Journal includes examples of a few learning experiences but does not provide details about successes, failures, and/or evidence of growth.	Journal includes few examples of learning experiences and does not provide examples of successes, failures, or evidence of growth.